

UNBC Green Residence Program

Thank you for participating in the Green Residence Certification Program and committing to green and sustainable living.

With your help, we can reduce UNBC's energy and resource use and associated environmental impacts, while promoting a healthier living and learning environment on campus.

UNBC Sustainability will recognize your efforts and commitments by rewarding participating suites with a certificate indicating your level of certification, and acknowledging each certified suite on the UNBC Sustainability website and Social Media.

There will also be prizes awarded at the end of each semester!

Email us at sustainability@unbc.ca, or WhatsApp UNBC Sustainability at 778-349-5145
www.unbc.ca/sustainability/energy/green-residences

Green Residence Certification Contact Information

Please complete the following contact information and checklist, and submit to the Sustainability Office (7-232) or sustainability@unbc.ca.

Residence Building: _____
Suite Number: _____
Suite Contact Name: _____
Suite Contact Email: _____
Number of Roommates: _____
Number of Participants: _____
Date: _____

Participants:

	_____	_____
	_____	_____
	_____	_____
	_____	_____

(Names)

(Signatures)

How to Get Certified

- 1. Commit as a suite to pursue the Green Residence Certification.** Not all of your roommates need to participate, however, you will earn more points for each participant. Off and on-campus suites are eligible.
- 2. Designate a primary contact for your suite,** who will be the liaison between your suite and the Sustainability Office during the Certification process.
- 3. Register for the Green Residence Certification Program** by emailing sustainability@unbc.ca with your building, suite number, names of your participating roommates, and a fun group photo we can put on social media. Pick up a copy of the Green Residence Certification Checklist at the Sustainability Office 7-232, or download a copy at www.unbc.ca/sustainability/energy/green-residences.
- 4. Complete the Green Residence Certification Checklist** provided after registration. Initial the box beside each action that you do and sign the first page of the checklist package. Have each of your participating roommates initial their actions and sign the first page. You can always reapply later in the year to improve your certification level for actions that you have not yet completed.
- 5. Drop off your completed checklist to the Sustainability Office** or submit it electronically by emailing to sustainability@unbc.ca.
- 6.** To improve your Certification level, you can update and resubmit a checklist each year.

Levels of Certification

Up to 1 point will be awarded for each action completed, and will be scaled based on how many of your roommates have completed that item. For example, if 3 roommates out of 4 complete an action, your suite will receive 0.75 points for that action. If everyone completes a given action, your suite will receive 1 point for that action.

Certifications will be awarded based on the total number of points earned by your suite.

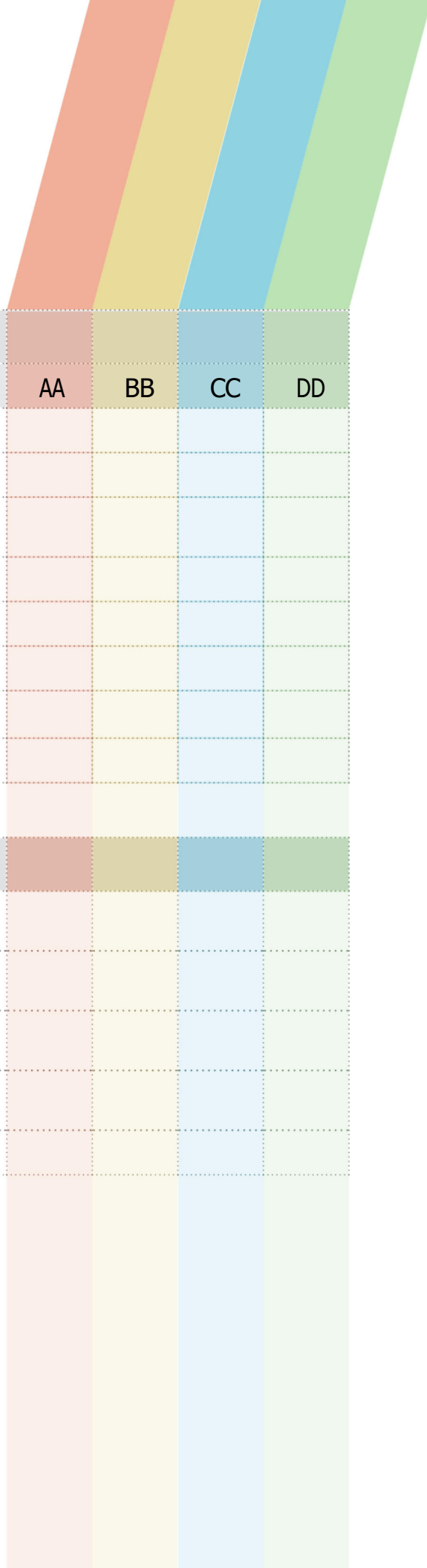
Bronze Certified – 25% (15 points)
Silver Certified – 50% (30 points)
Gold Certified – 75% (45 points)
Green Certified – 100% (61 points)



Prizes

For deadlines and prize information, check www.unbc.ca/sustainability/green-residences

Green Residence Certification Checklist



Electronic Devices

Example action	AA	BB	CC	DD
<i>Write your initials in the box for each action that you do >></i>				
We have set the power settings on our computers to energy saving settings.				
We have lowered the brightness on our computer screens.				
We turn off our computers/monitors if we are going to be away for more than 30 minutes.				
We set our monitors to go to sleep instead of using screen savers.				
We use a power strip or unplug our computer when not in use.				
We charge our cell phones and tablets only when they need to be charged				
We unplug chargers when they are not in use				
We print using the campus printers instead of using a personal printer				

Lights

All lights in common areas are turned off when not in use (e.g. kitchen, living room, and bathroom).				
We do not turn on our lights during the day if there is enough natural light from outside.				
We turn off our individual room lights when we are leaving for more than 10 minutes.				
If we notice lights on in unoccupied spaces in Residence or on campus (common areas, laundry rooms, meeting rooms, classrooms, etc.), we turn them off.				
If we are the last to leave a classroom, we turn off the lights.				





Temperature

We know how to operate our suite and room thermostats.

We set our room thermostats to 20°C or lower (setting III or lower).

When we leave our rooms for over an hour, we turn down the thermostat by at least 4°C.

When we go to sleep, we turn down our room thermostat by at least 4°C.

We set our common area thermostats at, or lower than 20°C, and turn down the thermostat at night and when unoccupied.

During cold weather, we close the blinds at night to help retain heat.

We do not use personal heaters.

During cold weather, we keep all windows closed tightly.

We dress warmly and use blankets before turning up the thermostat.

We do not turn on the heat and open the windows

Water

We run a full load of laundry (saves 65 gallons/week of water)

We use a shower timer app to ensure our showers last no longer than 5 minutes.

We turn off the tap while brushing our teeth or doing any personal grooming.

We conserve water when doing the dishes, and do not let the tap run.

If the toilet is running (even after jiggling the handle), we will put in a maintenance request (unbc.ca/housing/residence-maintenance-request) for Facilities to repair it.

If we notice a water leak, we will put in a maintenance request immediately to have it fixed.

We wash our clothing in cold water with cold water detergent.

When using small amounts of water, we use cold water.



Appliances

Our fridge is set to a medium setting (3°C is ideal).

We cover or wrap food and liquids in the fridge to avoid moisture loss and conserve energy.

We cover pots of water when bringing them to a boil.

We match the size of the pan to the heating element on the stove.

When using our kettle, we only boil as much water as we need.

We keep the range-top burners on our stove clean (to help reflect heat better)

We use a toaster, air fryer, or microwave instead of the oven for small meals.

We preheat the oven only when we are prepared to use it.

Microwaves, coffee makers, and other small appliances are unplugged when not in use or are programmed to shut off using a timer.

We air-dry our hair.

We minimize use of hair dryers and styling tools and unplug them when not in use.

Other

We use the stairs instead of the elevator.

We know about or have used the community gardens or Greenhouses on campus (REAPS, SGU, PGPIRG)

Transportation

When leaving campus we use public transportation, cycle or walk.

To reduce the number of car trips to and from campus we carpool or plan large shopping trips together and in advance.

We have used UNBC's bike rental program/know about it



Waste Reduction and Diversion

We use the recycling bags located in our suite and know where to empty them

If we think something may be recyclable, but don't know where to recycle it, we ask the Sustainability Office (whatsapp 778 349 5145)

We meal plan if we don't use the Cafeteria.

We use reusable dishes and cutlery.

We use Borrow-A-Mug (BAM) or bring our own for beverages on campus

We use rags or cloths in our suite instead of paper towel.

We use reusable bags when shopping.

To save paper, we avoid unnecessary printing. If printing, we print double-sided.

We reuse single-sided printed paper, and keep a pile as scrap paper.

We compost and know where to compost on campus.

Engagement

We participated in one or more events on campus related to sustainability

At least one of us is a member of a UNBC sustainability committee or group. (ie. Students for a Green University, UNBC G-Force).

We have contacted the Sustainability Office with sustainability-related ideas for the Residences and/or campus.

We have suggested to the Sustainability Office something that should be added to the Green Residence Certification check-list.

We have toured the Bioenergy Plant, Composting/Recycling Room or have scheduled a tour for our suite through the Sustainability Office.

We encouraged another suite (# _____) to pursue the Green Residence Certification.

We encourage our friends and peers to act sustainably by:

A.

B.

C.