



The purpose of this newsletter is to unite all the UNBC campus's (Prince George, Prince Rupert, Terrace, Gitwinksihlkw, Quesnel, Likely, Ft St John) and grow our UNBC Community's Safety Culture together by regularly communicating important Safety information. UNBC's mission is to Ignite, Inspire, and Lead change.

Workplace safety is crucial for everyone, whether you're in a university setting or any other organization.

Here are 10 general workplace safety tips that can benefit our UNBC Community employees and students alike:

- Wear Appropriate Personal Protective Equipment (PPE) when required: Always use the right PPE for your job or school tasks. Whether it's safety glasses, gloves, or other protective gear, make sure you're properly equipped.
- Follow Safety Protocols and Procedures: Adhere
 to safety guidelines outlined by your employer, your
 professor or teacher. These protocols are designed to
 keep you safe, so it's essential to follow them
 consistently.
- Attend Regular Safety Training Sessions: Stay updated on best practices by attending safety training sessions. Being informed about safety measures helps prevent accidents and injuries.
- 4. Keep Work Areas Clean and Organized: Cluttered workspaces can lead to slips, trips, and falls. Regularly organize your area to maintain a safe environment.
- 5. Report Hazards Promptly: If you notice any hazards or unsafe conditions, report them to your supervisor, professor, or teacher immediately. Early reporting can prevent accidents and address issues promptly.

- Avoid Horseplay and Unsafe Behaviors: Engaging in horseplay or risky behaviors can endanger yourself and others. Always prioritize safety over fun.
- 7. Know Your Emergency Numbers and Exit Locations: Familiarize yourself with emergency numbers and exit routes within the university buildings. Pre-program your cell phone with these numbers for quick access.
- 8. Use Tools and Equipment Properly: Proper usage of tools, equipment and machinery prevents injuries. Only operate equipment and machines if you are trained or certified to use them. Also conduct a check to ensure your tools, equipment & machines are in good working order prior to use. Do not use anything that is defective or faulty.
- Create a Culture of Safety: Encourage open communication about safety concerns. When employees and students feel empowered to report hazards and near-misses, it contributes to a safer work environment for our UNBC Community.
- 10. Stay Informed About Employee Rights: Understand your rights as an employee regarding safety and health.

Remember, workplace safety is a collective responsibility, and everyone plays a role in maintaining a safe environment.

Fun Fact!

There are 1380 Fire Extinguishers throughout the PG campus buildings & it takes 8 full days each month to ensure that they are good for service. Thank you, Shannon.

Workplace Safety and Attitude

A positive attitude toward safety is crucial in the workplace. When employees approach safety with diligence, accountability, and a proactive mindset, it leads to better outcomes.

Workplace safety is highly dependent upon teamwork. When employees and managers come together as a team, they can continuously promote and maintain a safe and healthy work environment. Your effort makes a difference.

Note from Scott: If you are experiencing discomfort at your workstation. Report it to **Safety@unbc.ca** & let's get an ergonomic assessment completed.

unbc.ca/continuing-studies/courses/workplaceergonomics-assessment

Each month we share what other communities are doing to amplify our own UNBC Safety culture to encourage a healthier and safer work environment.

- Week 1 (June 1-8): Safety Engagement
- Week 2 (June 9-15): Roadway Safety
- Week 3 (June 16-22): Risk Reduction
- Week 4 (June 23-30): Slips, Trips and Falls

New QR Code for accessing UNBC's Joint Occupational Health and Safety committee meeting minutes & other Safety committee information. Available online: unbc.ca/safety/health-safety









What's Safety up to?





Positive Observations

Promoting a Safety Conscious Culture for our UNBC Community

Many ladders hung out of the way on the wall not creating any hazards.



Painted ends on piping brackets for visibility in the narrow walkways.



If you see any positive safety initiatives, please photograph them, and send the pictures to safety@unbc.ca