

Youth 16-18 years old are permitted in fitness areas with an active **Youth Waiver form on file.

***Infant to 15 years old, please refer to the Youth Grid below.**

WITH PARENT / GUARDIAN	Fitness Area	* Youth (12 & under) & Strollers	** Ages 13,14,15
	Track Surface	YES	YES
	Gyms & Fields	YES	YES
	Studio	NO	YES
	Zones 3 & 4	NO	NO
	Zones 5, 6, 7, 8	NO	YES
WITHOUT PARENT / GUARDIAN	Fitness Area	* Youth (12 & under) & Strollers	** Ages 13,14,15
	Track Surface	NO	YES
	Gyms & Fields	NO	YES
	Studio	NO	NO
	Zones 3 & 4	NO	NO
	Zones 5, 6, 7, 8	NO	YES
			* Ages 6 & under
Squash Court	NO	YES <i>with adult supervision</i>	

* Permitted in "Yes" areas within arms reach of parent / guardian at all times.

** Permitted in "Yes" areas with a completed Youth Waiver. Please see the Front Desk for details.

We offer a New Member Facility Orientation every Wednesday. Meet David in the lobby at 10:00am for your personalized tour - you don't have to pre-register

**Questions? Contact us at nsc-operations@unbc.ca
250-960-6366 | northernsportcentre.ca**

