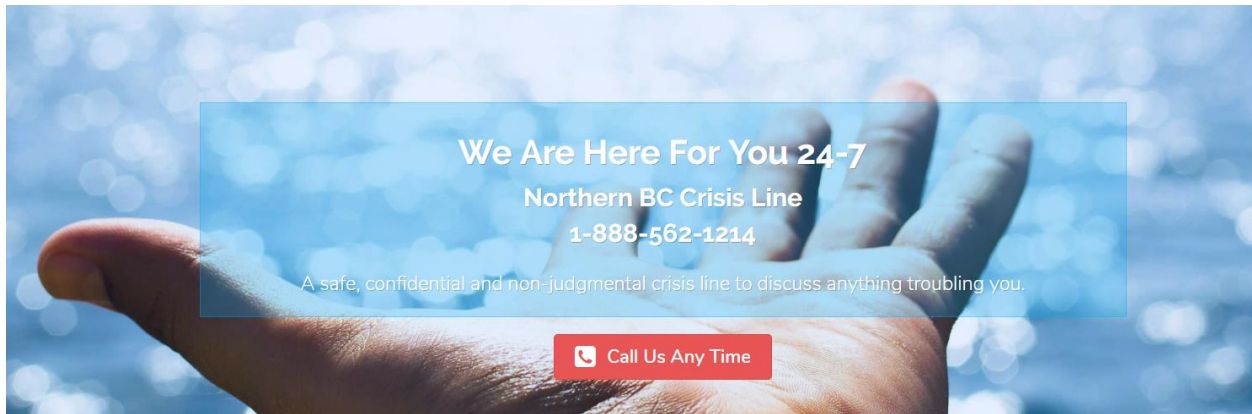


URGENT SUPPORT



Our Employee & Family Assistance program through Homewood Health offers 24/7/365 confidential urgent support. Call 1-800-663-1142.



PG Crisis Line

Confidential

Hours: 24 hrs

Phone: 250-563-1214

Community Response Unit

Crisis response for adults with mental health concerns.

Phone: 250-565-2668

Community Response Unit (CRU) - Northern Health - referrals for Northern Health Adult Mental Health and Addictions programs, short term supportive counselling and crisis intervention
(250) 565-2668 or 1 (866) 565-2966; 201-1705 3rd Avenue, Prince George, BC.

University Hospital of Northern BC

Phone: 250-565-2000

24-hour Suicide Support Line - suicide intervention and emotional support

1 (800) SUICIDE or 1 (800) 784-2433