

CETE Y3 WS#2 Nov 22, 2024 10-11:30 AM Pacific

Breakout 3

share stories from personal life with kids

Regular nature adventures with students during class- rain or shine- extra gear in school- never complaints

Protect what you love- Get the kids to love the world- animals, plants.

Respect- include nature in respect conversations

Group 1

Real life chemical reaction examples that climate change poses- Ocean water, air, etc.

Role of nature in self-regulation and overall health

Group 2

Teach kids how our actions have effect on ecosystem

Focus on local contexts - warming/cooling our classes/homes, reduce plastic waste, think about small differences we can make

Local opportunities to help - recycling, school gardens, beekeeping - let kids have agency - helps with their physical, emotional well-being

Make kids ambassadors of change

Make the implicit explicit

Change starts with you... **Act 4**

Breakout Activity

Field trips Collaborations Unit plans

What happens Monday? Guests

Lesson plans Activities Partnerships

Breakout Group Tasks → Add to Miro → Select a speaker → 1-2 min share

commit to act activity- use an app to show how actions impact

planting project with kids at the school

Group 3

Field trips with knowledge holders to tie ecology to what is being discussed in classroom

Get to know what you can see in nature

Group 4

Take kids outside more!

Get someone to speak about what you don't know

GET OUTSIDE!

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Breakout 3

Physical health - teaching is difficult. I am not getting any younger. Heart health etc.

Mental health - taking time for oneself. Not always thinking of school. Burnout, leaving the profession. Challenges are continuous in teaching.

Group 1

Spiritual - connecting beyond oneself. Church, nature, etc. Communal/social - personal health and safety, good support group, ethos/culture of school, teamwork.

Group 2

Body - Mind - Spirit all related - push and pull between all three Gabor Mate - "When the Body Says No" Climate change - has effect on families - leads to human trafficking, abuse/murder of women, children Lack of hope for future - coping mechanisms

Act 1 Post Breakout What kinds of health are important to you and why? Photo credit: Laura Rodriguez



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students care about the environment when it impacts them directly

sickness caused by epidemics, population density

Mental - physical health equally important

Community and the surroundings go hand in hand with health

water quality - people are no longer drinking tap water

lack of control over natural disasters

weather has an immediate and observable impact on students

farming - crops changing weather conditions access to food shipping

Group 3

Destruction of environment has a physical toll on communities - Peters First Nation

Group 4

The health of youth depends on the education that is built in the community and outdoors in a healthy environment



Breakout 1

Breakout 1